



THE WHARF SPA
by L'OCCITANE

OUR TREATMENTS

*"In its Spas, L'OCCITANE is all about the Provence we love,
a land full of mystery where beauty is endlessly reinvented"*

Olivier Baussan

Founder of L'OCCITANE





*Close your eyes,
you are in Provence.*

The Wharf Spa by L'OCCITANE at InterContinental Washington D.C. - The Wharf

Whether you're looking to escape the demands of work or travel, host a special occasion or simply want to indulge in some well-deserved pampering, The Wharf Spa by L'OCCITANE is your Mediterranean well-being sanctuary with result-oriented treatments designed to relax, refresh and nourish the body and mind.

Indulge in Provencal-inspired rituals with ingredients such as Shea Butter from Burkina Faso, Africa or the Immortelle flower from Corsica. Feel refreshed and revitalized from a signature Relaxing Aromachologie Massage or host an intimate Spa Soiree with your friends.

An extension of the L'OCCITANE BRAND

Every treatment, ingredient and ritual is drawn from a page of the L'OCCITANE grand herbarium, a resource of hundreds of essential oils and natural ingredients. The escape begins with scent. From the moment you enter a Spa L'OCCITANE, the fragrances transport you to Provence. Your experience takes you on a true olfactory journey, every step sequenced by soothing and energizing aromas. The voyage of the senses continues through treatments, sensorial textures, relaxing music and herbal teas inspired by Provencal traditions.

The Spa is a natural extension of our brand. In respect for authenticity, we always prefer hand-performed treatments over machines and traditional massage techniques over technology.

Just as Provence is the land of beauty, The Wharf Spa by L'OCCITANE is a sanctuary of tranquillity to refresh your senses and restore peacefulness and inner balance.

FACIAL TREATMENTS

Anti-Aging

IMMORTELLE DIVINE SECRET

An ideal treatment to combat skin-slackening for the face and neck, as well as the décolleté area. This exceptional anti-aging facial combines the fabulous properties of seven natural active ingredients, including organic Immortelle essential oil and Myrtle, with lifting and contouring massage techniques. The result is divine: Deep wrinkles seem relaxed, fine lines smoothed, face contour firmer and the décolleté smooth and satin-soft again. Skin looks glowing with youth!

90min

IMMORTELLE SECRET OF YOUTH

This facial effectively addresses the visible signs of aging: wrinkles, skin slackening and lack of smoothness. As a result, skin feels smoother and firmer, with a youthful glow.

60min

Perfecting

PEONY SUBLIME BEAUTY

The perfect treatment for sublime skin with a natural radiance boost! Peony Sublime complex, derived from the Peony flower, combines skin-perfecting peony extract and mineral-based optical correctors to help visibly create perfect looking skin. Combined with our signature massage sequence that helps stimulate micro-circulation, this facial care beautifies skin: pores and fine lines look reduced, skin feels intensively hydrated and complexion seems more luminous. Reveal a smooth, soft and velvety skin, glowing with a fresh and natural beauty!

60min





Hydrating And Nourishing

SHEA NOURISHING COMFORT

L'OCCITANE's answer to anyone concerned with dryness, lack of softness and overworked skin. The highest quality Shea Butter sourced from Burkina Faso as part of L'OCCITANE'S commitment to fair trade, is particularly rich in omega 6 fatty acids and helps to intensely nourish, moisturize and protect skin. Its protecting & hydrating properties bring long-lasting comfort & softness.

60min

SHEA NOURISHING COMFORT (FOR SENSITIVE SKIN)

This treatment is specially designed to address the specific needs of sensitive skin: the sequence focuses on comforting and protecting the skin through intensively nourishing Shea formulas, a very gentle exfoliation, and a cooling moment to soothe. As a result, skin is nourished, supple and experiences long-lasting comfort.

60min

Skin Care For Men

CEDRAT VIMIFYING SKINCARE FOR MEN

Designed to meet the specific needs of male skin, this facial leaves skin instantly mattified, moisturized & re-energized.

60min

Discovery Treatment

Emerge revived and refreshed in just half an hour. Adapting product ranges according to guests needs and skin type, this quick treatment gives an immediate glow – ideal over lunch time or before an event.

30min

BODY MASSAGE

SHEA FABULOUS FACE AND BODY MASSAGE

A truly holistic massage that treats the whole body and face, for a complete well-being experience. This treatment combines slow, soothing gestures with the fabulous properties of Shea Butter. The comforting movements of Balinese and Swedish techniques, gently applied all over the body and face, come together with a generous application of Shea Fabulous Oil for body and hair. The skin looks transformed and the body feels soothed. You feel truly comforted; your mind reaches a peaceful state of tranquility.

90min

SHEA NURTURING MASSAGE

A collection of our best massage sequences: relaxing strokes, deep tissue pressure and revitalizing hot stones are combined with the nourishing, moisturizing and protecting properties of Shea Butter. Skin is left soft and intensely nourished. The whole body feels replenished!

90min

RELAXING AROMACHOLOGIE MASSAGE

Swedish effleurage, Chinese acupressure and Balinese massage technique come together to stimulate circulation help ease tension & relieve stress. The body and mind feel calmed; sleep can come more easily.

60/90min





REVITALIZING AROMACHOLOGIE MASSAGE

This massage combines gentle Swedish effleurages, deeper-pressure Lomi Lomi and Balinese movements to re-invigorate the body & mind. Massage sequence will follow the blood flow to stimulate circulation.

60/90min

DEEP TISSUE INTENSE RELIEF

This massage combines Lomi Lomi deep pressure, acupressure points and gentle stretching. It helps ease muscular tension, with a focus on the back, shoulders & neck area. As a result, the whole body feels refreshed and deeply rebalanced.

60/90min

RE-ENERGIZING SUN STONE

Swedish effleurage and Shiatsu pressure points are combined with the deep & penetrating warmth of natural basalt stones. The stones are placed on the Seven Chakras – traditionally known as the body's key energetic points – to improve the flow of energy, and help rebalance body & mind.

90min

SIGNATURE TREATMENTS

SIGNATURE CHERRY BLOSSOM SOFTENING BODY MASSAGE

A soothing full body massage that promotes relaxation while helping release physical tension and stress. Targeted action on neck, shoulders, back, calves and forearms relieves physical stress and facilitates soothing of the mind and spirit. Enriched with Shea Butter, Cherry blossom moisturizing milk maintains skin's natural hydration barrier to promote smooth, soft and supple skin.

60/90min

FOOT REVIVER- REFLEX MASSAGE

A quick pampering treatment to help relax those tired legs using the Revitalizing Aromachologie Oil. Targeting reflex points using traditional Chinese methods help balance energy zones. As a result, feet and lower legs feel lighter and re-energized.

30min

NECK, SHOULDER AND HEAD MASSAGE

Using Aromachologie Essential Oils, this relaxing massage specifically targets the neck, shoulders and head to help release tension and stress. Ideal for heavy computer users or frequent flyers.

45min



BODY TREATMENTS

ALMOND DETOXIFYING BALANCE

Inspired by Lymphatic Drainage massage techniques, this treatment boosts circulation and promotes elimination of toxins & excess water. The skin feels nourished, supple, firmer and smoother thanks to the almond supple skin oil, rich in omega 6, 3 and camelina oil.

60min

ALMOND SILHOUETTE REFINING MASSAGE

This treatment is based on a combination of Lymphatic Drainage and active massage techniques to fight dimple looking skin in the concerned areas. The almond supple skin oil will act on skin's elasticity. As a result: body feels refined with a lighter-feeling sensation. Ideal before summer time or after pregnancy. For best results, a series of 10 sessions is recommended.

60min



TREATMENT SETS

JOURNEY TO PROVENCE

*Choice Of 60 Mins Massage + *Choice Of Facial

120min

THE COUPLE'S ESCAPE

Choice Of 60 Mins Massage For Couples

60min

THE COUPLE'S ESCAPE

Choice Of 90 Mins Massage For Couples

90min

MEDITERRANEAN SCRUB AND MASSAGE

Choice Of Scrub + Choice Of Massage

90min

ALMOND SMOOTHING SCRUB AND ALMOND SILHOUETTE REFINING MASSAGE

Almond Smoothing Scrub + Almond Silhouette
Refining Massage

90min

PROVENÇAL DETOXIFYING CURE

Almond Firming Paste Scrub + Almond Detoxifying
Body Wrap + Almond Detoxifying Balance

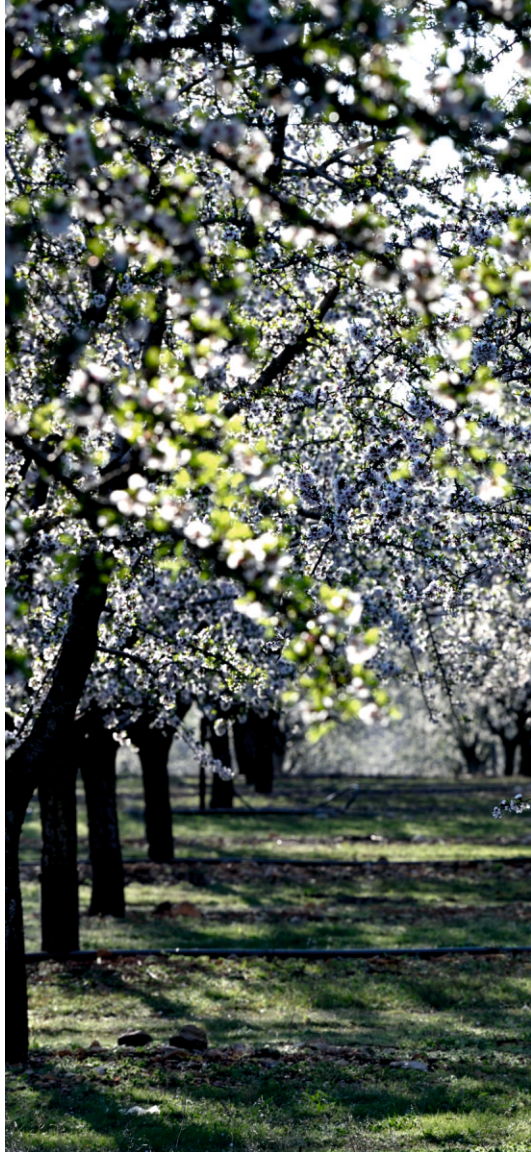
135min

MEDITERRANEAN SCRUB, MASSAGE AND ULTRA- MOISTURIZING WRAP

Shea Nourishing Scrub + Shea Wrap + Choice Of
60 Mins Massage

135min

*60-minute massage and any facial excluding the Divine Range.



AREA FOCUSED TREATMENTS

These may be added on to any treatment for even deeper relaxation and well-being. Time may vary by treatment.

RELAXING AROMACHOLOGIE MASSAGE FOR THE BACK

This Relaxing Massage specifically targets the neck, back, and shoulders to help release tension & stress.

30min

IMMORTELLE YOUTHFUL EYES

This 25-minute eye treatment boosts micro-circulation in the eye contour to promote fresh, rested and younger-looking eyes. Ideal for anyone concerned with fine lines, dark circles and puffiness. Perfect after a long flight, a night of festivities or a long, hard week.

25min

PURIFYING TREATMENT FOR THE BACK

An exfoliating & purifying treatment for the back, ideal before any special occasion. Products chosen according to skin type (scrub, mask, moisturizer).

45min

SHEA ULTRA SOFTENING HAND CARE

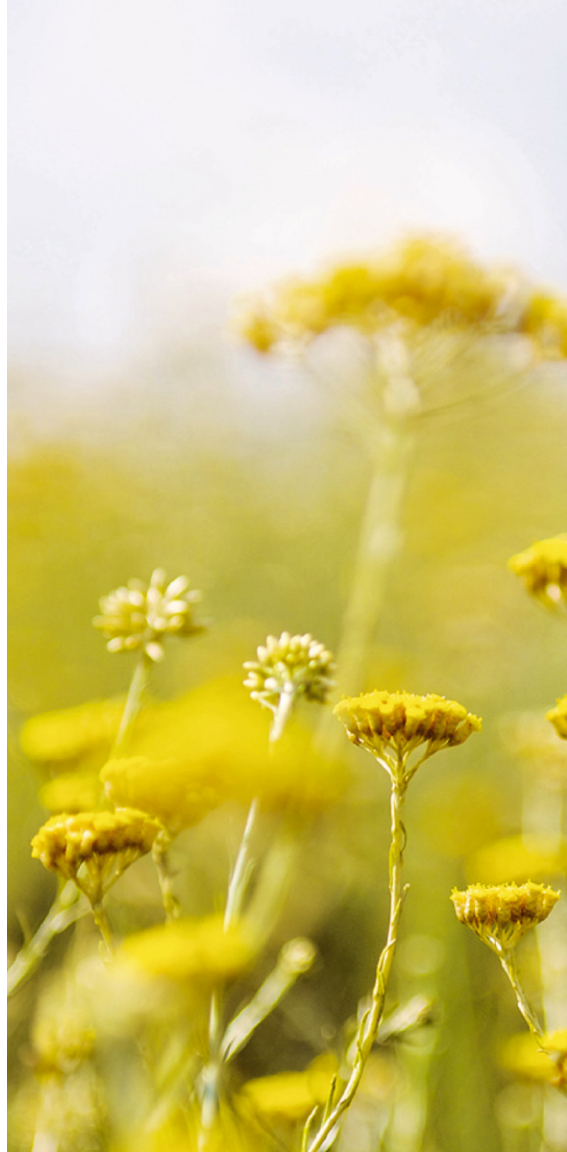
In just 25 mins, hands are nourished, softened and protected, simply more beautiful. Ideally combined with any treatment to combat the visible signs daily aggressions leave on hands.

25min

LEG REFRESHER WITH ESSENTIAL OILS

Legs are treated with a massage that stimulates drainage, and feet with a Shea butter massage to intensely nourish and protect. Ideal in summer time or when travelling, to soften rough feet & help relieve feeling of heavy legs.

45min



BODY SCRUBS AND WRAPS

SHEA NOURISHING SCRUB

This delicious texture enriched in nourishing Shea butter eliminates dead cells, leaving skin satin-soft and perfectly prepared for a treatment or massage.

60min

ALMOND SMOOTHING SCRUB

This body scrub offers a gentle, yet effective body exfoliation as it luxuriously melts into the skin. Using the Almond Delicious Paste that contains almond butter, almond oil infused with crushed almonds shells and sugar crystals, body is left perfectly smooth and soft, delicately fragranced with the notes of almond.

60min

SHEA ULTRA MOISTURIZING BODY WRAP

Reviving care for very dry and overworked skin. The entire body soaks up active ingredients of Shea Butter and honey Extract that nourishes, moisturizes and softens. A foot and scalp massage ensures a moment of pure relaxation.

60min

ALMOND DETOXIFYING BODY WRAP

An expert body wrap to tone the skin and promote the elimination of toxins. Almond extract rich in flavonoids to drain excess fluids is combined with a plant-based complex and Almond proteins to firm the skin and refine body contours. While the wrap is on, a relaxing foot and scalp massage promotes a feeling of complete well-being.

60min





VIP MEMBERSHIPS

The Wharf Spa by L'OCCITANE offers a limited number of VIP Memberships.

SPA PARTIES

Whether it's an intimate catch up with a few friends or an elaborate Spa Soiree for 20, Spa L'OCCITANE offers the most exclusive pampering setting to bring guests together. We are happy to customize any unique gathering whether its for entertaining clients, a bridal or baby shower, a mother-daughter day, birthday or any special event.

GROUP & CORPORATE HOSTING

Let us create a unique and memorable team building or corporate experience. Whether it's relaxing hand treatments during your conference coffee break or a chair massage added to your lunch time, we can customize a series of treatments and experiences for your team or clients.

SANGHVI BRANDS LIMITED

Sanghvi Brands Ltd, a leading well-being expert in South Asia with 60 locations either operational or under development, has been L'OCCITANE's partner for several years to operate SPAs in India, Middle East and now the United States.

www.sanghvibrands.com

We are also available at The Ritz-Carlton, San Francisco as Spa L'OCCITANE by the Bay.

HOW TO SPA

SPA HOURS

Daily 8:00 AM-8:00 PM

APPOINTMENTS

Please schedule your appointment in advance to secure your preferred date, time and therapist. Your appointment time is held specifically for you so we kindly request 24-hour notice for cancellations and rescheduling of all spa appointments.

CHECK-IN

We suggest you arrive at least 15 minutes prior to your appointment time to check-in and review your schedule and fill out any necessary paperwork. Should you arrive late, your appointment may be shortened to allow the therapist to be on time for his/her next guest.

CANCELLATIONS AND NO-SHOWS

To avoid the full charge, please honor our 24-hour advance notice cancellation policy. Group Reservations of 4+ require 48 hours' notice. Failure to arrive for a scheduled appointment will result in a charge of the full amount of the service.

CELL PHONES AND TECHNOLOGY

To preserve a peaceful experience for everyone, cell phones and other technology must be turned off in the spa.

COMFORT

Although massage and body treatments require the removal of clothing, respect for your privacy is primary concern. Undergarments may be worn if preferred. Careful draping procedures are observed at all times and we encourage you to communicate any discomfort to your therapist. For your convenience and comfort, a spa robe and slippers will be provided.

AGE REQUIREMENT AND CHILDREN

Guests must be 16 years or older for facials and 18 years or older for massage and body treatments. All ages are welcome to enjoy nail treatments and services. Unaccompanied guests under 18 years of age must have a parent or guardian's signed approval. Children are only permitted in the nails area.

PERSONAL BELONGINGS

Because spa services require bare skin and freedom to move, we request that you refrain from wearing jewelry. Spa L'OCCITANE may not be held responsible for lost or stolen articles.

SPA ETIQUETTE

The Wharf Spa by L'OCCITANE is an alcohol and smoke free environment. Guests under the influence of alcohol, high energy drugs and medication will not be allowed to use the Spa and avail of treatments.

CONFIDENTIALITY

We are committed to your privacy. We keep all personal and medical information confidential and well-secured.

GIFT CARDS

Give the gift of Spa with a Spa Gift Card available at InterContinental Washington D.C. - The Wharf

GRATUITY

For your convenience we will include a 20% gratuity at check out. You are welcome to adjust that to your liking.





THE WHARF SPA
by L'OCCITANE

801 Wharf Street, S.W., Washington, D.C. 20024

T: 202-878-8486